

2021-2022 ICS-2 Clinics Guideline

Semester I-II

Welcome to the Introduction to Clinical Skills-2- Clinics Programme.

The aim of the programme is to introduce medical students to the process of performing history taking and introduction to physical examination and clinical skills.

You will be having interviews with the standard patients to help you learn to communicate better with the patient, additionally, you will be having polyclinic visits at the state hospital.

Furthermore, clinical skills include the procedure of working with models.

The course schedule is longitudinal and given in each semester.

Trainers

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Coordinators:

Pemra Unalan

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	History Taking and Introduction to Physical Exam Course	
HT	Communication Skills and Introduction to the Medical Interview: Comprehensive HT - theoretical	Theoretical
HT	Difficult patient/issue Pediatric HT - theoretical	Theoretical
HT1	<p>Learning Objectives Medical students will be able to</p> <ul style="list-style-type: none"> - Identify a chief complaint (CC) and gather an accurate history of present illness (HPI) - Use open-ended questions - Describe non-verbal communication - Apply a structure for reflection, self-assessment and giving feedback <p>Session pre-work</p> <ul style="list-style-type: none"> - <i>All students should come to the session prepare to play the role of doctor evaluating or patient with one of the following complaints:</i> <p><i>Headache, Cough, Abdominal pain, Fever, Chest pain</i></p>	Peer pairs Medical Interview Self-assessment Feedback Discussion
HT2	<p>Learning Objectives Medical students will be able to</p> <ul style="list-style-type: none"> - Identify a CC, and gather an accurate HPI - Obtain a PMHx, PSurgHx, Medications, Allergies, FHx - Apply a structure for reflection, self-assessment and giving feedback <p>Session pre-work</p> <ul style="list-style-type: none"> - <i>All students should come to the session prepare to play the role of doctor evaluating or patient with one of the following complaints:</i> <p><i>Sore throat, Fatigue, Vomiting, Diarrhea, Fatigue</i></p>	Peer pairs Medical Interview Self-assessment Feedback Discussion
HT3	<p>Learning Objectives Medical students will be able to</p>	Standardized patient Medical Interview Self-assessment

	<ul style="list-style-type: none"> - Identify a CC and gather an accurate HPI, PMHx, PSurgHx, Medications, Allergies, FHx - Obtain a SHx (to include habits such as smoking, alcohol, drug use, occupation, diet, exercise, finances, religion) and ROS - Use empathic statements - Apply a structure for reflection, self-assessment, and giving feedback <p>Session pre-work</p> <ul style="list-style-type: none"> - <i>All students should come to the session prepare to play the role of doctor evaluating or patient with one of the following complaints: Rash, Dysuria</i> 	Feedback Discussion
HT	Introduction to physical exam- theoretical	Theoretical
HT4	<p>Learning Objectives</p> <p>Medical students will be able to</p> <ul style="list-style-type: none"> - Identify a CC and construct an accurate HPI, PMHx, PSurgHx, Medications, Allergies, FHx, ROS - Give an oral presentation of the medical history - Write a medical note - Integrate data obtained from the medical history and consider diagnostic studies - Apply a structure for reflection, self-assessment, and giving feedback 	Standardized patient Medical Interview Self-assessment Feedback Discussion
HT5	<p>Learning Objectives</p> <p>Medical students will be able to</p> <ul style="list-style-type: none"> - perform basic physical examination techniques including inspection, palpation, percussion and auscultation 	
	<i>Polyclinic visits</i>	
HT EXAM (75%)	HT exam with SP (interview 50% + medical note 15%) PV report (medical note 10%)	

CSL-1.

Learning Objectives

- Define the terms medical and surgical asepsis and differences between them
- Describe why and where hand-washing is required and the hand-washing procedure
- Define the terms clean, sterile, contaminated, sterile supplies and cite situations where surgical asepsis is required
- Demonstrate hand hygiene procedure
- Wear and remove sterile gloves
- Describe and demonstrate the essential techniques of general physical examination

CSL-2.

Learning Objectives

- Describe the different routes of medication administration
- Aspirate from ampoule and flacon
- List the parenteral medication administration routes
- Describe and perform intramuscular medication administration
- Describe and perform subcutaneous medication administration
- Describe and perform intravenous medication administration

CSL-3.

Learning Objectives

- List the characteristics of suture materials
- Describe skin suturing
- Describe wound repairing
- Apply local anesthesia
- Perform skin suturing
- Perform wound closure

CSL- Basic physical examination techniques and examination for musculoskeletal disorders

Learning Objectives

- to be able to assess data related to the musculoskeletal system and its function
- to be able to differentiate normal from abnormal findings in physical assessment of the musculoskeletal system

CSL- Review session

CSL EXAM (25%)- Objective structured clinical examination (OSCE)

CSL- Respiratory system

Tutor Presentation: RS examination adult -Pediatric respiratory system examination

Learning Objectives

Audio visualize the complete physical examination of the respiratory system
Discuss fundamental skills required for physical examination of the respiratory system/ normal and abnormal breath sounds

PRACTICE:

Revise basic anatomic landmarks of the respiratory system

Identify normal findings of the chest

Explain the technique for palpation of the chest

Explain the technique for percussion of the chest

Explain the technique for auscultation of the chest

Identify expected breath sounds and unexpected sounds including crackles, wheezes, gurgles, and stridor